

# Mental Health, Alcohol & Other Drugs Report Snapshot



## Gladstone Statistics

By 2021, Gladstone's population<sup>e</sup> of 63,936 includes an estimated:

**3,453** People requiring early intervention & relapse prevention

**2,877** People who need support for mild mental illness

**2,302** People needing support for moderate mental illness

**1,982** People will require support for their severe mental illness



**High rates of drug related crime, child safety cases and suicide**

## Mental health, alcohol & other drug services

<b>12</b> Organisations providing direct mental health support	<b>7</b> Organisations providing direct support to people with an NDIS Plan	<b>3</b> Organisations that provide support specifically to young people
<b>2</b> Organisations who provide alcohol & drug specialist services	<b>14</b> GP Clinics within the Gladstone LGA with 49 GPs across Gladstone & BITS	<b>25</b> Psychologists practicing in Gladstone in 2016

## Feedback on mental health, alcohol & other drug supports

**Barriers to accessing support**

- ❖ Access / Availability
- ❖ Lack of information
- ❖ Cost
- ❖ Transport / Travel

17% of consumers, 16% of community & 45% of stakeholders identified the need for a central place to get information

72% of stakeholders identified workforce shortage as a challenge

**Consumer Top 3**  
Support Groups  
Information Centre  
More 1 on 1 support

**Community Top 3**  
Rehab  
Information Centre  
More services

**Stakeholder Top 3**  
Workforce shortage  
Information  
Rehab